MNPS Parent Advisory Council

District Wide PAC Meeting Thursday April 7, 2022 6:00 PM - 7:15 PM

Parent Advisory Council Officers









Bibi Hines, PAC Chair

Kevin Walker, PAC Vice Chair

Dawn Johnson, PAC Secretary

Dr. Berthena Nabaa-McKinney, PAC Secretary

FEEL FREE TO CONTACT ANY OF THE PAC OFFICERS AT MNPSPAC@GMAIL.COM

PAC Support Team & Liaisons

- Mariana Merritt, MNPS Coordinator of Family Engagement / Community Achieves
- Alison McArthur, MNPS Director of Community Achieves
- **Emily Masters**, School Board Member Liaison / Advocacy Committee Chair
- Tonya Hancock, Metro City Council Liaison / Education Committee Member





PAC CLUSTER COORDINATORS/LEADERS:

Erica Lanier: Charter School Liaison

Daryus Chambers: Magnet Schools

Liaison

Anne-Marie Farmer: Hillsboro Cluster

PAC Coordinator

D - Hillwood Cluster PAC Coordinator

Open: Antioch Cluster PAC Coordinator Open - Hunter's Lane PAC Coordinator

Open: Cane Ridge Cluster PAC

Coordinator

LaTia Longuirre - Glencliff Cluster

Coordinator

Open - Maplewood Cluster PAC

Coordinator

Berthena Nabaa-McKinney: McGavock

Cluster PAC Coordinator

Dawn Johnson: Overton Cluster PAC

Coordinator

Tene Franklin - Pearl Cohn Cluster PAC

Coordinator

Open - Stratford Cluster PAC

Coordinator

Open - Whites Creek Cluster PAC

Coordinator

These positions will be open and available beginning August 2022

MNPS Parent Advisory Council

Purpose: The Parents' Advisory Council (PAC) is to increase communication, ensure effective involvement of all parents and caregivers in Metro Nashville Public Schools (MNPS) and support partnerships between school-community stakeholders (community organizations, MNPS administration and staff).

Mission: Engage in transparent and reciprocal communication with MNPS families, staff and stakeholders.

Vision: Every parent/caregiver in a community is known.

Meeting Agenda

- Welcome and Introductions by Bibi Hines, MNPS PAC Chair (6 mins)
- PAC Updates and Meeting Norms by Kevin Walker, MNPS PAC Vice Chair (6 mins)
- Spotlight on Hillsboro High School by Anne-Marie Farmer (10 mins)
- Nomination Committee & Elections Update with Dawn Johnson (5 mins)
- Start School Later Nashville with Anna Thorsen (5 mins)
- Q&A Session with Dr. Megan Cusson-Lurk & Edward McKinney (15 mins)
- Q&A Session with Derrick M. Williams (15 mins)
- Check Out by Berthena Nabaa-McKinney (5 mins)

Norms

- In every chair a learner; in every chair a leader
- Speak to be understood; listen to understand
- Return to being present; work to stay engaged
- Maintain safe space for meaningful conversations
- Take care of yourself; take care of each other
- Expect and embrace experiences of nonclosure

LET'S WELCOME

GINI PUPO-WALKER
DISTRICT 8, SCHOOL
BOARD MEMBER







Hillsboro High School
1939 - Today



Hillsboro, here's to you,
Our Alma Mater,
Constant and fond and true,
We will be ever;
And as the years go by
Forget thee never;
O happy memories
Cherished forever.

Hillsboro, hear our song,
Our Alma Mater,
School days to you belong
Tears mixed with laughter;
Now hear us pledge anew
Vows broken never;
O happy memories
Cherished forever.

Jots of luck Is a week Is a fuck in everything.

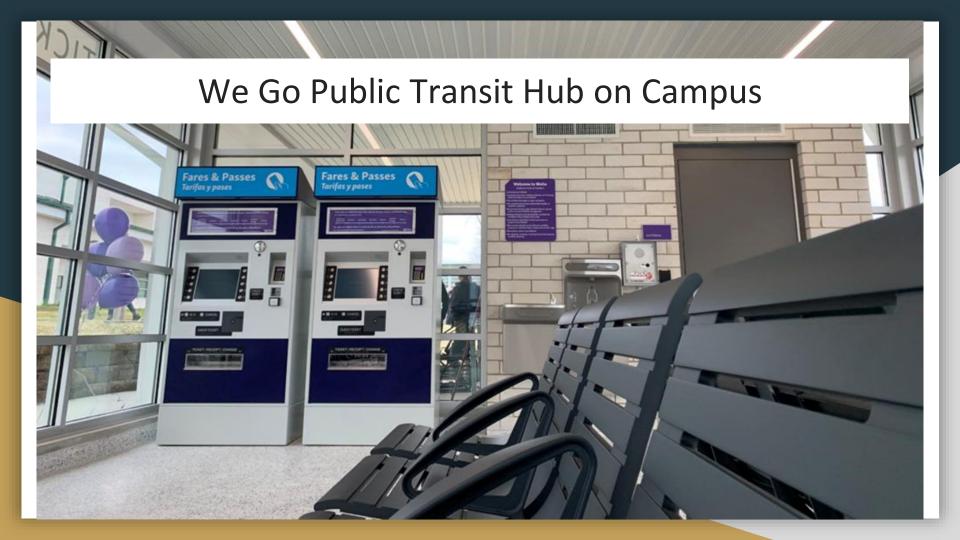
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Hillsboro

... as we have lived ...



Newly Renovated Campus

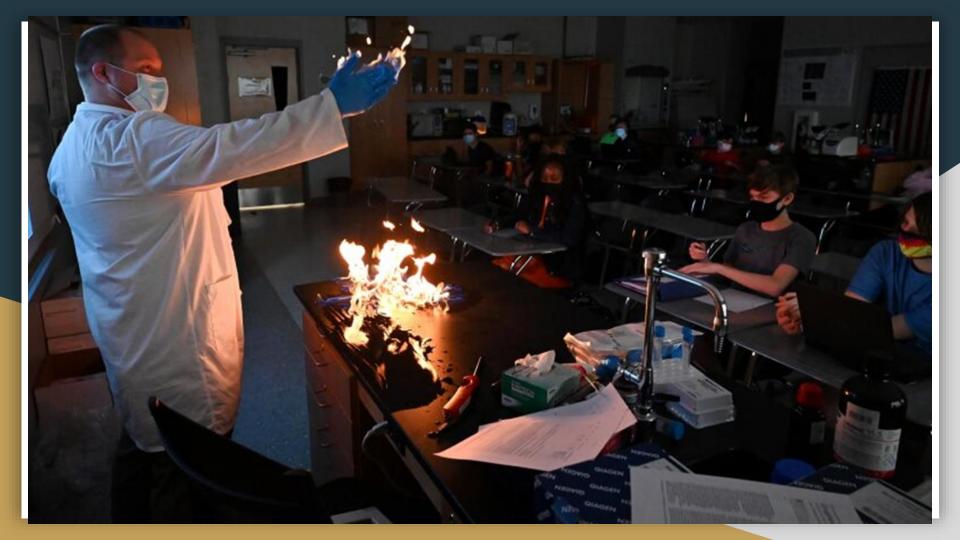












Dawn Johnson
PAC Secretary & Overton
Cluster PAC Coordinator



Nominating Committee & By Laws Update



Nominate yourself or someone you'd like to run for a PAC Officer position.

The link to the nomination form will be posted in the message chat.

ABOUT ME

ANNA THORSEN

Chapter leader, Start School Later -Nashville

Hillsboro High School Parent of two daughters with disabilities and mental health issues

Former PTO President of Eakin and West End Middle

Former Parent Advisory Council Representative

MNPS Surrogate Parent for Students with Disabilities in Foster Care

Pro Bono Dyslexia Advocate



* I have dyslexia, so please forgive any misspellings, grammatical errors or poor punctuation in my slides. Thank you!

High School Start Times in Nashville

The topic of high school start times is not a new one in Nashville.

NEWS

Nashville high school start times to be studied

Jason Gonzales jagonzales@tennessean.com
Published 1:47 p.m. CT Oct. 25, 2016 | Updated 7:38 p.m. CT Oct. 24, 2016

EDUCATION

Will Nashville public schools change high school start times?

Jason Gonzales The Tennessean

Published 2:56 p.m. CT Dec. 27, 2018 | Updated 11:04 p.m. CT Dec. 30, 2018

WE HAVE BEEN TALKING ABOUT IT FOR 30+ YEARS

- Parents have been advocating for later high school start times since the 1990s when a parent group called "Sleepy Teens" polled parents, students and high school leaders.
- Since that time, parent groups have pushed in 2010, 2016 and 2018.
- MNPS always says the same thing "We will look into it soon."
- 30 years later, we are still waiting.

* Image prepared by Gini Pupo Walker in her 2020 presentation to the School Board.

WHY DO START TIMES MATTER?

- There are so many reasons!
- MNPS has the earliest start time in the whole country at 7:05am.
- Experts all agree that teens should not start school sooner than 8:30am.
- Teen circadian rhythms change so that teens natural sleep/wake cycle is 11pm to 9am.
- Forcing teens to wake before 6am to get to school by 7:05am leads to teens losing 2 or more hours of sleep each night.
- This leads to chronic sleep deprivation which has serious consequences.

The List of Prominent Organizations Endorsing Later School Start Times Keeps Growing Longer



2021

• U.S. Surgeon General

2019

 American Association of Sleep Technologists

2017

- National Parent Teacher Association (PTA)
- American Academy of Sleep Medicine
- Society of Behavioral Medicine

2016

American Medical Association

2015

 Centers for Disease Control & Prevention (CDC)

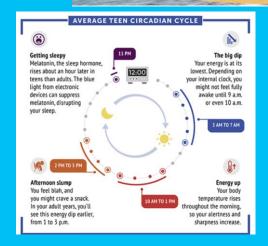
2014

- American Psychological Association
- National Association of School Nurses/Society of Pediatric Nurses
- American Academy of Child & Adolescent Psychiatry
- American Academy of Pediatrics

2011

 National Education Association (Resolution C-5 - Adequate Rest, p.

What Are We Waiting for?





MYTH QUICK HITS:

MYTH	FACT
BUT THE BUS DRIVER SHORTAGE!	OTHER DISTRICT HAVE DONE IT DURING THE SHORTAGE. WE CAN TOO.
LATER START TIMES ARE EXPENSIVE!	THE RAND CORP., ESTIMATES A \$120 MILLION DOLLAR SAVINGS TO TN IF START TIMES MOVE TO 8:30 AM!
SPORTS WILL SUFFER!	SPORTS PERFORMANCE IMPROVES AND INJURIES GO DOWN 70%!
AFTER SCHOOL JOBS WILL END!	AFTER SCHOOL JOBS ADJUST TO HIGH SCHOOL START TIMES.
TEENS NEED TO BABY-SIT SIBLINGS!	TEENS ARE CHILDREN TOO, AND WE NEED TO LOOK AFTER THEIR HEALTH. AFTERCARE WILL ADJUST.
IMPLEMENTATION WILL TAKE YEARS!	DENVER MADE SHORT TERM HEALTHY CHANGES IN YEAR 1 AND LONGER TERM CHANGES YEARS 2-3. OUR SCHOOL BOARD HAS SHOWN IT CAN MAKE FAST CHANGE TO SUPPORT STUDENT HEALTH. THIS IS THE SAME.





- Email the MNPS Director of Schools, Dr. Battle
- Email your School Board
 Member and School Board
 Member Candidates.
- Speak at a School Board Meeting.
- Myths abound. Visit StartSchoolLater.net to learn the truth about school start times!



School Counseling, Social Work and Psychology

Dr. Megan Cusson-Lark & Mr. Edward McKinney
April 7, 2022

SCHOOL COUNSELORS

TENNESSEE MODEL FOR COMPREHENSIVE SCHOOL COUNSELING

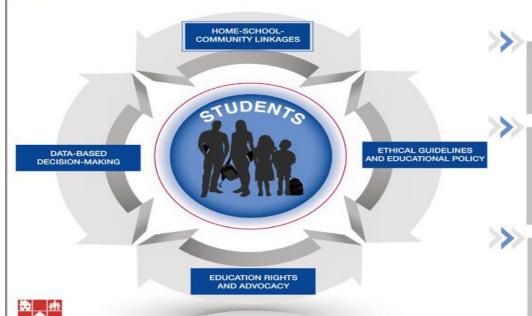
Standards, Learning Expectations and Performance Indicators:

- 1. Academic Development: Guide the school-counseling program to implement strategies and activities to support and maximize learning
- 2. Career Development: Serve as a guide to provide the foundation for acquiring the attitudes, knowledge and skills that enable students to make a successful transition from school to the world of work and from job to job across the career life span.
- 3. Personal/ Social Development: Provide the foundation for personal and social growth, which contributes to academic and career success.



SCHOOL SOCIAL WORK

PRACTICE MODEL



PROVIDE EVIDENCE-BASED EDUCATION, BEHAVIOR, AND MENTAL HEALTH SERVICES

- · Implement multi-tiered programs and practices
- Monitor progress
- · Evaluate service effectiveness

PROMOTE A SCHOOL CLIMATE AND CULTURE CONDUCIVE TO STUDENT LEARNING AND TEACHING EXCELLENCE

- · Promote effective school policies and administrative procedures
- · Enhance professional capacity of school personnel
- · Facilitate engagement between student, family, school, and community

MAXIMIZE ACCESS TO SCHOOL-BASED AND COMMUNITY-BASED RESOURCES

- Promote a continuum of services
- Mobilize resources and promote assets
- · Provide innovative leadership, interdisciplinary collaboration, systems coordination, and professional consultation

SCHOOL SOCIAL WORK ASSOCIATION OF AMERICA Improving academic and behavioral autcomes



Curriculum - Classroom Lessons Social Emotional Learning Individual Student Planning/Course Scheduling Academic Advisement Post-Secondary Planning/ College & Readiness Career Student Orientation Student Transition TIER II:

Provide Multi-Tiered Systems of Supports:

TIER I:

SCHOOL COUNSELOR:

Small Group Counseling/Lunch Bunch

TIER III: Individual Counseling

Crisis Response/Intervention (Student

Death, Threat Assessment) Subsistence Needs

504 Student Meetings

Support-Team, Support & Intervention and

Consultation: Parent, School Team and Community

Collaboration with Parent, School Team and Community Professional Development

Consultation: Admin, Parents, School, Faculty, Staff, Community Family Therapy Home Visits

TIER III: **Individual Counseling**

Provide Multi-Tiered Systems of Supports:

Curriculum-Classroom Lessons

Social Emotional Learning

TIER I:

TIER II:

Subsistence Needs

Case Management

Advocacy

Community Resource Linkage

Home- School- Community Liaison

First Time Drug Offender Assessments

Collaboration with Truancy Intervention Specialist

Professional Development

Small Group Counseling

Re-entry follow up with students returning from ALC, JDC, DCS

SCHOOL SOCIAL WORKER

Tier II: MTSS Academic & Behavior Data Teams Tier III: Crisis Response/Intervention (Student Death, Threat Assessment)

Tier I:

MTSS Coaching & Data Analysis

CICO guidance & Intervention Plans

Provides Multi-Tiered Systems of Supports:

Review of Universal Screening Data

Coaching Schools on MTSS

Professional Development

Tier I Guidance (PBIS)

MTSS Academic & Behavioral Data Teams MTSS Coaching & Data Analysis

SCHOOL PSYCHOLOGIST

FBA/BIP Individual Counseling **Group Counseling**

Academic or Behavioral Screenings Psychological Evaluations (IEP) 504 Evaluations

BGollaborate with outside providers

Re-entry or Transition behavioral plans



School Counselor & School Social Worker:

Individual Counseling

Group Counseling: Second Step, Why Try, other topics as needed

Consultation

Collaboration

Crisis Response/Intervention

Professional Development

School Climate & Culture: Restorative Practices, PBIS

School Counselor:

Career Interest Inventory
Student Orientation
Student Transition
Support-Team Meetings
Academic Advisement
Post-Secondary Planning

School Social Worker:

Case Management
Home - School Liaison
First Time Drug Offenders
Follow up Students returning
from ALC

Community Resources/Referrals

Home Visits



School psychologists are working to improve outcomes.

WHAT DO SCHOOL PSYCHOLOGISTS DO?

School psychologists provide direct support and interventions to students; consult with teachers, families, and other school-employed mental health professionals (i.e., school counselors, school social workers) to improve support strategies; work with school administrators to improve school-wide practices and policies; and collaborate with community providers to coordinate needed services.











TN has 17 disability categories

- Autism Spectrum Disorder (ASD)
- Developmentally Delay
- Deaf-Blindness
- Deafness
- Emotional Disturbance
- Functional Delay
- Hearing Impairment
- Intellectual Disability
- Intellectually Gifted
- Language Impaired
- Multiple Disabilities
- Other Health Impaired (OHI)
- Physically Impaired/Orthopedic Impairment
- Specific Learning Disability
- Speech Impaired
- Traumatic Brain Injury (TBI)
- Visual Impairment



SCHOOL PSYCHOLOGISTS

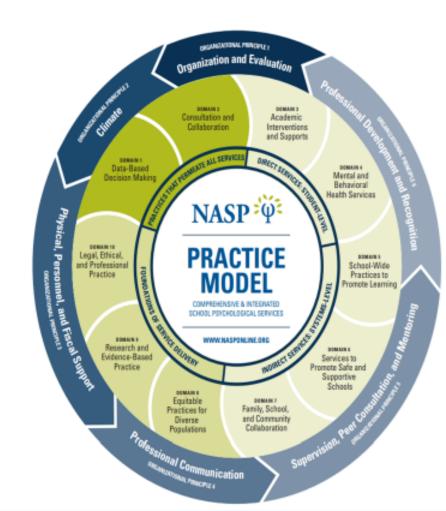
- Support Team Member
- IEP Team Member: Initial and Re-evaluations for exceptional education services
- ●Individual Counseling for students receiving EE services (when written into the IEP)
- Crisis Response Protocols for all students/staff: Student/Staff Death,
 Suicide Screeners, Threat Assessments, Safety Plans, etc.
- Heavily involved in the MTSS process and data decisions
- School-Wide Practices
- Professional Development for all staff

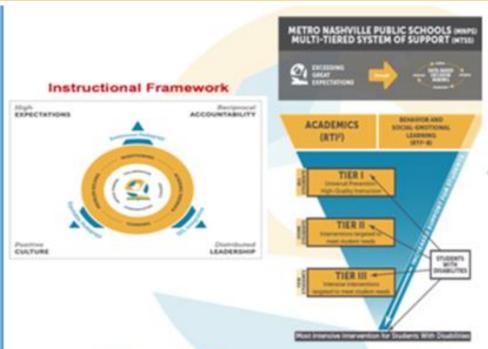


What are our core beliefs as school psychologists?

- School psychologists have a foundation in the knowledge bases for both psychology and education, including theories, models, research, evidence-based practices, and implementation strategies within the domains, as well as the ability to communicate important principles and concepts.
- School psychologists use effective strategies and skills in the domains to help students succeed academically, socially, behaviorally, and emotionally.
- School psychologists apply their knowledge and skills by creating and maintaining safe, supportive, equitable, and effective learning environments and enhancing family, school, and community collaboration for all students.
- School psychologists demonstrate knowledge and skills relevant for professional practices and work characteristics in their field.
- School psychologists ensure that their knowledge, skills, and professional practices reflect understanding and respect for human diversity and promote effective services, advocacy, and social justice for all students, families, and schools.
- School psychologists integrate knowledge and professional skills across the 10 domains of school psychology practice as they deliver a comprehensive range of services in professional practice that result in direct, measurable outcomes for students, families, schools, and/or other consumers.

Figure 1. The NASP Practice Model





Continuous Improvement

Core Tenets

Re-envision central office as a support hub

Empower and equip leaders at all levels

Create and support engaging, rigorous and personalized learning experiences for all students

Identify and eliminate inequities







Literary



Trans

Transitions







One of my many life goals is to motivate and coach individual's into realizing and reaching their full potential.

MNPS Student-Parent Handbook Presentation with Q&A Session

MNPS STUDENT-PARENT HANDBOOK Derrick M. Williams

- How to access the Student-Parent Handbook
- Handbook Content
- Parent Voice / Parent Focus Group

STEPS TO ACCESS THE MNPS STUDENT - PARENT HANDBOOK

- 1. Go to www.mnps.org
- 2. Select "Students & Families"
- 3. Select "Student Resources"
- 4. Select "Student-Parent Handbook"
- 5. Bookmark this webpage for future use
- 6. Paper copies can be requested at your school

Students & Families

Services

Campus Portal

Student Resources

Student-Parent Handbook

School Counseling

The full address is here: https://www.mnps.org/students-families/student-resources/handbook

THERE ARE 6 CHAPTERS OF THE MNPS STUDENT-PARENT HANDBOOK







Introduction



Rights and Responsibilities



Progressive Behavior Responses

Family Resources



Discipline Responses

Policies and Procedures



If you are interested in joining the Student and Parent Code of Conduct Handbook Parent Focus Group, please email Derrick M. Williams at derrick.m.williams@mnps.org

UPCOMING EVENTS

- By Design Documentary Movie and Discussion hosted by McGavock and Maplewood Clusters
 - Saturday, April 23 at 10:30am at East Branch Library
- PAC Town Hall Meetings with Special Guests Director of MNPS Schools, Dr. Battle and School Board Chair, Christiane Buggs
 - Tuesday, May 24th at 4pm at Support Hub Office
- Cluster PAC Meetings
 - Scheduled by PAC Cluster Coordinators

Connect with the MNPS Parent Advisory Council

Email: mnpspac@gmail.com

Website: www.mnpspac.weebly.com

Facebook: @mnpspac

Twitter: @mnpspac